



PROMOS – STUDIERENDENMOBILITÄT ERFAHRUNGSBERICHT

PERSÖNLICHE ANGABEN	
Nachname*	
Vorname*	
Studienfach	Humanmedizin
Angestrebter Studienabschluss an der Universität Ulm	Staatsexamen
Der Aufenthalt erfolgte im	12. Fachsemester
Auslandsstudienaufenthalt	Von 07/13 (MM/JJ) bis 10/13 (MM/JJ)
Gastland und Stadt	USA, Denver
Gasthochschule/Gasteinrichtung	Sky Ridge Medical Center and Rocky Vista University
eMail-Adresse* *	

PROMOS Förderkategorie	<input type="checkbox"/> Auslandssemester – Master <input type="checkbox"/> Masterarbeit im Ausland <input type="checkbox"/> Auslandssemester Medizin/Zahnmedizin x PJ-Tertial im Ausland <input type="checkbox"/> Praxissemester an einer deutschen Auslandsschule
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EINVERSTÄNDNISERKLÄRUNG ZUR VERÖFFENTLICHUNG DES BERICHTS	ja	nein
Dieser Bericht darf an interessierte Studierende der Universität Ulm weitergegeben werden	<input checked="" type="checkbox"/>	<input type="checkbox"/>
Dieser Bericht darf auf der Internetseite des International Office der Universität Ulm veröffentlicht werden	<input checked="" type="checkbox"/>	<input type="checkbox"/>
* Ich möchte, dass bei der Weitergabe bzw. Veröffentlichung des Berichtes mein Name anonymisiert wird	<input checked="" type="checkbox"/>	<input type="checkbox"/>
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Bitte senden Sie Ihren Erfahrungsbericht elektronisch an promos@uni-ulm.de

Stand: 13.03.27 / Lau

I. Wahl der Gasthochschule und Bewerbungsverfahren

(Themenvorschläge: Recherche und Informationen zur Gasthochschule, Gründe für die Wahl der Gasthochschule, Bewerbungsverfahren, Kontaktpersonen, Studiengebühren)

To be eligible for a medical rotation abroad it is required to be sponsored by a local university that is furthermore affiliated with a teaching hospital. Usually most universities in the USA take international medical students only for a period of up to 2 months. However, I was lucky to find Rocky Vista University in Parker Colorado, which accepted me for a total period of 4 months. In contrast to my previous rotations in Pittsburgh and at Yale Medical School, I didn't have to pay any tuition fees. The application process was quite easily, I only needed my CV, a proof of immunization, a negative drug screening and a supporting letter from the University of Ulm. I first contacted the affiliated hospital, which then forwarded all my documents to the University.

II. Allgemeiner Erfahrungsbericht

(Themenvorschläge: Anreise, Unterbringung, Verpflegung, Verkehrsmittel und Entfernungen, Sport und Freizeit, Finanzen und Lebenshaltungskosten, Geldtransfer und Bankwesen, Sprachkenntnisse und Sprachkurse, Betreuung an der Gasthochschule)

Because I already had spent four months in the USA prior to this rotation, I was already used to living abroad. I found an apartment through www.craigslist.org, a website where people offer housing, cars and all different stuff. One should be very careful in choosing an accommodation, because quite often, strange people offer housing on these websites. Luckily, I found an apartment in walking distance to the hospital. Close to my apartment, one could easily access the light rail train to downtown, Denver. This took approximately a twenty-minute train ride and it was going all night long.

During the four months in Denver I had to work on weekends only now and then, therefore I had time to take tours around Colorado, e.g. doing a weekend camping trip to the Moab desert in Utah. On idle weekends I often went downtown with friends, there is always something going on, and many people enjoy the nightlife on Denver rooftops.

If interested in hiking or skiing, one should definitely spend some time in Colorado. The climate is amazing, during the time I was living there, the temperature was always above 30°C with no humidity at all.

III. Akademische Beurteilung

(Auflistung, Kurzbeschreibung und Kommentar der Veranstaltungen, die an der Gasthochschule besucht wurden; ggf. Anmerkung zur Anrechnung von Studienleistungen nach der Rückkehr)

This elective was sponsored by the Rocky Vista University of Osteopathic Medicine (RVUCOM) in Parker, Colorado, where I was enrolled as an official international student. With several teaching hospitals around Denver, Rocky Vista University is an official institution approved by the World Health Organization.

During my time, I was assigned to the service of Dr. Eric Jamrich, who is the head of the Spine and Joint Program. The hospital I worked at is one of the largest teaching hospitals in the Denver area and provides the full spectrum of surgery. During my rotation, I was supposed to be active during surgery, and see patients during office clinic. I assisted in approximately 200 surgeries and saw close to 1000 patients during clinic. The main surgeries performed were large spine reconstructive cases, such as scoliosis or lumbar inter-body fusions, endoprosthesis of the hips and knees, as well as fracture surgeries.

Luckily, working hours were not as busy as during my earlier rotations. Surgery days usually started at 7 am and lasted till 5 – 7 pm. Office days started at 8 am and lasted until 4 pm; during these hours I saw patients, examined and then presented them to my assigned attending surgeon. During rounds in the morning, I usually presented patients to the physician assistant and we decided together about further treatment plans.

At the end of my rotation the Dean of the University signed my documents, which were then passed on to the office of student affairs at the University of Ulm.

I can highly recommend Rocky Vista University and Sky Ridge Medical Center for an elective rotation in Denver. Both facilities are dedicated to teaching and contributed to having a great educational time.