ERASMUS STAFF TRAINING WEEK
20th – 24th.05.2019

WELCOME GUIDE
Palermo, the regional capital of Sicily, is one of those cities with a very distinct, almost tangible atmosphere, a place of mystery, where reality often outperforms the traveller’s imagination and preconceived stereotypes. It is a buzzing Mediterranean centre whose 1 million inhabitants are a fascinating cocktail of apparently conflicting characteristics. Palermo’s history has been anything but stable, and the city has passed from one dominating power to another with remarkable frequency. Its strategic position at the heart of the Mediterranean brought wave upon wave of invaders, including the Phoenicians, the Carthaginians, the Greeks, the Romans, the Arabs, the Normans, the French, the Aragonese and the Bourbons just to name the most influential. The result of this quilted history is evident today in the vast range of architectural styles, the intriguing fusion of ingredients used in many local dishes, and in the many place names whose etymology bypasses Italian linguistic traditions. In a world where so many places have become tourist-friendly to a fault, visiting Palermo is still somewhat of an adventure. You won’t find many restaurants with menus translated into five different languages. There are many back streets that have only recently opened up to those from without, and it is still often difficult to obtain any information worth having. However, this is also a stimulus to those who wish to embark on a journey of discovery, to explore things for themselves, to dig into the very fabric of the city, and to try and understand what really makes Palermo and its people tick.
How to reach Palermo

From the Palermo Airport “Falcone e Borsellino” (Punta Raisi), about 30 km far from the centre of Palermo, you can reach the city in three ways: by train, by bus, and by taxi.

By train
The Trinacria Express connects Palermo directly with the arrivals terminal. The ticket costs € 5,90 and can be purchased at the train departures (ground floor – Palermo airport) from the ticket machine or from the ticket office staff. It’s not possible to buy the ticket on the train.

By taxi
This service is available at the airport from 6 am to midnight and you can find all the taxies just outside the arrival terminal.
The taxi from the airport to Palermo Central Station costs € 45,00.
It is also available a taxi sharing service. The cost is € 7,00.

By bus
The bus-shuttle (Prestia e Comandè) connects the airport to Palermo (last bus stop Palermo Central Station) and the stops are:
Palermo (central station terminal), via Emerico Amari (city harbour),
Politema square, Via Libertà 45, Via Libertà 95, Via Libertà 171,
Via Libertà 203, via Croce Rossa 125, Piazza De Gasperi 187, via Belgio, Airport and back.
The bus goes from Palermo Central Station to the airport every half an hour from 4.00 am to 10.30 p.m., and from the airport to the central station from 5.00 am to midnight.
The ticket price is € 6,30 and it can be purchased directly at the box office “Prestia e Comandè” in the Airport.
MAP OF THE CITY CENTRE
ERASMUS STAFF TRAINING WEEK
20th – 24th.05.2019

PARTICIPATION TO THE STAFF WEEK

Duration
The training week will take place from Monday 20th.05.2019 to Friday 24th.05.2019.

Language
Main working language will be English.

Application
Please fill in the on-line application form. (https://docs.google.com/forms/d/14dqCnE1IF5A8XczaQcKKKf5IRtY1QJQAYTf/edit)

Deadline: 13th.04.2019

Selection
The number of participants is limited to 20, with a maximum of 2 attendees per Institution. Selection results will be announced within 19th.04.2019.

Participation fee: € 200.00 per person, including work materials, coffee breaks, lunches, trip to Cefalù and guided visits and farewell brunch.

Funding
Participants are responsible for covering their own accommodation, travel, dinners and other expenses. We suggest to seek for Erasmus staff training funding at your Home Institution, where possible.

Accommodation
We suggest you to find an accommodation located in the city center (please see the map above). All the activities will take place at the University Campus "Complesso polididattico" edificio 19 - Viale delle Scienze, Palermo.
## Provisional Programme

### Monday – 20th May
- **09:00 – 12:00**: Registration at University Campus "Complesso polididattico" edificio 19 - Viale delle Scienze, Palermo
- **12:00 – 13:00**: Welcome buffet lunch
- **13:00 – 13:45**: Partner Presentations (Part I)
- **13:45 – 14:15**: Coffee break
- **14:15 – 15:00**: Partner Presentations (Part II)
- **15:00 – 17:30**: Guided tour of Palermo

#### Workshop 2
- **10:30 – 11:00**: Coffee break
- **11:00 – 12:00**: Survival Italian Language course
- **12:00 – 13:00**: Lunch
- **13:00 – 17:30**: Scavenger hunt

### Tuesday – 21st May
- **09:30 – 10:30**: Workshop 1
  - Erasmus+ Outgoing students
- **10:30 – 11:00**: Coffee break
- **11:00 – 12:00**: Survival Italian Language course
- **12:00 – 13:00**: Lunch
- **13:00 – 17:30**: Guided tour Botanical Garden

#### Workshop 3
- **13:45 – 14:15**: Coffee break
- **14:15 – 15:00**: Partner Presentations (Part II)
- **15:00 – 17:30**: Guided tour of Palermo

### Wednesday – 22nd May
- **09:30 – 10:30**: Workshop 2
  - Erasmus+ KA107: International Credit Mobility; Double Degree;
- **10:30 – 11:00**: Coffee break
- **11:00 – 12:00**: Workshop 3
  - Erasmus+ Traineeships
- **12:00 – 13:00**: Support Services for students at UNIPA (ESN, CUS, ERSU, CLA)
- **13:00 – 14:00**: Lunch
- **15:00 – 17:30**: Scavenger hunt

### Thursday – 23rd May
- **09:30 – 10:30**: Workshop 4
  - Erasmus+ KA2 - International Cooperation
- **10:30 – 11:00**: Coffee break
- **11:00 – 12:00**: Workshop 5
  - Erasmus+ Incoming students
- **12:00 – 13:00**: Trip to Cefalù
- **13:00 – 14:30**: Lunch
- **14:30 – 18:30**: Free afternoon in Cefalù

### Friday – 24th May
- **09:30 – 10:30**: Visit of Rectorate of UNIPA
- **10:30 – 11:30**: Wrap up and closing discussion
- **11:30 – 12:30**: Farewell brunch
See you soon in Palermo