Population based cohorts

Key questions/objectives
- Risk/protective factors for healthy weight and metabolism
- Somatic, psychosocial pathology

Assets at UCH
- Two representative longitudinal UCH birth cohorts (including mother/child biobank)
- Statewide kindergarten and school* cohort
- Nationwide follow-up neonatal screening on endocrine disorders
- Nationwide health insurance data (WIdO)

* 7,000 teachers | 160,000 children and families per year

Cardio-vascular-risk factors in elementary school children (state cohort)

FAM13A affects fat distribution and adipocyte function
Nat Commun. 2020; 11: 1465

Proposal for DZKJ
- National Cohort (development, biobank)
- Risk factors and digital interventions
- Dissemination and implementation research
**Key questions/objectives**

- Biologically defined obesity subtypes
- Prenatal metabolic programming
- Need for nationwide bio-psycho-social prevention

**Assets at UCH**

- Nationwide obesity/diabetes registries
- Molecular and functional diagnostic platforms
- Structured care for pregnant women
- Statewide kindergarten/school-based prevention

**Diabetes**

- 133,000 patients <18 yrs
- 94% of total

**Obesity**

- 125,000 patients
- 3,257 T2DM

**Proposal for DZKJ**

- (EpiGen-)OMICs-based obesity subtypes
- UCH healthy metabolism pregnancy program
- Expanding UCH prevention program nationwide
- Stratified therapies in clinical studies
- Reframe, antistigmatisation, coping
Immune System and Cellular Therapy

Key questions/objectives
- Priming and checkpoints of immune development
- Somatic (epi)genetic variation of immunity
- Modulation of immunity by metabolism
- Detection of disturbed immune function and transition to malignancy

Assets at UCH
- Diagnostic platforms, cohorts, registries
- >1,000 pediatric stem cell transplantations (>30% PID)
- Extensive human and animal models
- Multi-OMICs immune phenotyping

Proposal for DZKJ
- Understanding normal immune development
- Diagnostic criteria of immune dysfunction
- Improving cellular and gene therapy
- Coping with long-term immune dysfunction
- Screening for hemoglobinopathies
Mental Diseases as Systemic Immuno-Metabolic Disorders

Key questions/objectives
- Mental diseases as disturbed immunometabolism
- Prenatal priming of mental disease
- (Epi)genomic burden and mental disease
- Resilience as immunometabolic strength

Assets at UCH
- Proof-of-concept evidence
- Comprehensive interdisciplinary methodology
- Preclinical model systems
- Patient cohorts and intervention studies

Proposal for DZKJ
- Characterization of mental-immunometabolic interface
- Multi-OMICS/systems development and risk assessment
- Biological systems profiling as intervention measure
- Pre-clinical human readouts of immunometabolism
Digital Behavioral Health and Coping

Key questions/objectives
- Health and coping insights by smart sensing
- AI-enhanced innovations
- Nationally scalable implementation models

Assets at UCH
- Interoperable IT solutions and AI-ready databases
- Nationally largest body of digital behavioral youth health solutions
- Six interdisciplinary UU IT and trauma centres of competence
- Nationwide digital behavioral health network

Proposal for DZKJ
- Digital Behavioral Health Hub as incubator within DZKJ
- Rapid innovation cycle from prototypes to implemented solutions
- Specific focus on diminishing health care gaps and disparities: Leave no one behind

Time to Onset of Major Depressive Disorder in Back Pain
JAMA Psychiatry 2020; 77: 1001
Our vision for DZKJ:

Improving health and well-being of every child and adolescent from (pre-)birth to adult age.